



How To Please An Alpha Woman

HOW TO PLEASE AN ALPHA WOMAN

Sexuality and the Alpha Female

Our personalities direct much of how our lives go. They shape who we are, how we interact, and even our career choices. What is very often ignored is the fact that our personalities play a big role in our sexuality as well. It is important to know what your partner's personality type is because how an alpha female communicates, thinks and reacts will be different from how an omega or a beta woman will communicate, react or think. Knowing how to best communicate with them is the key to building a better relationship with less problems and conflicts.

It is also the best way to ensure that you are meeting their needs in the bedroom because an alpha female's sexual personality is vastly different from a beta female's sexual personality so you would want to approach them in different ways when it comes to sex. If you use beta female tactics on an alpha female, they will likely be bored or dismissive of your efforts and if you try alpha female tactics on a beta female, you will very likely scare them off by coming on too strong.

Alpha Female Personality Traits

Is your partner an alpha female? Alpha females are action orientated go-getters who will never back down from a challenge. In fact, they thrive on challenge and like to prove that they are superior to others. This often comes across as bragging to others, but to the alpha female, they are simply proud of their accomplishments and speak of them often.



Alpha females do not sit around and wait for things to happen, they make them happen. They work very hard to get what they want, and are very career orientated. They are the ones that push themselves hard and get results. Their list of accomplishments is usually very long because they are not the kind to accept defeat or failure and are very driven people.

Alpha females are realists and can be pessimistic at times. Their view of the world is fact based rather than based on emotions and intuition and they are highly logical people of above average intelligence. They have well planned out goals with their life and will not let anything

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stand in their way. They are viewed as pushy and perfectionists at times but they are just as pushy and critical with themselves as they are with everybody else.

Discipline is a trademark of an alpha female; they cannot get to where they are and where they want to be by lacking in willpower and discipline. They do very well under pressure and are often un-phased by stress or difficult situations. They are natural leaders and resent being placed in a position where they have to take orders from another person. They are loyal and very dedicated to the things that matter to them, including relationships.



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The Alpha Female's Sexual Personality

Alpha females view themselves as being vitally important and demand to be treated as such, especially in the bedroom. Her focus will be on her pleasure, not on yours. Alpha personality types are attracted to power and so you need to be able to keep up with her sexuality because she is not the type to be timid in bed. In fact, she will be anything but timid in the bedroom and if you cannot satisfy her, you can expect to have the relationship end. They are not averse to having one-night stands if they find that doing so suits their needs.

She likes to feel control so use strokes that are forceful and powerful rather than lighter

strokes that are shallower. She will want to feel pleasure through sex but alpha women are not as touchy-feeling as other women are. Instead of using your hands to caress, use them to support yourself or to angle her hips for the best impact of your strokes. She appreciates the awesome feeling of your strokes and the orgasm that you give her rather than the personal connection that many light intimate caresses will create.

Being able to always have the right strokes for her mood will elevate you in her eyes. She responds well to people who can give her what she wants and needs and if you can do this, you are worthy. Allow her to choose the positions but you choose the strokes. She wants to be in control so you have her tell you how fast and how hard she wants your strokes to be and then you can adjust your strokes to her wishes, this means that she feels that she is in control and it will arouse her even more.

If you want to keep your alpha female happy, you need to ensure that you satisfy their needs repeatedly. That means that you need to be able to bring them to orgasm or else they will view the sexual encounter as a failure. With some men, they have only one move, the in and out motion and it is the same hip movement that they will use in multiple positions. This tactic is not conducive towards pleasuring women and while many women tend to not speak up about being dissatisfied, an alpha female will speak up about it and will even be angry that you cannot provide what they need. They view those that cannot perform up to expectations as failures.

She knows what she wants and will tell you and if you want to impress her, you need to have the moves to follow up. Ask her what she enjoys rather than guessing and then impress her with your Stroke Skills. Stroke skills gives you an entire arsenal of strokes, some very powerful and all will help you impress her with your ability to get her to orgasm.

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A good stroke to use is the plank scrapes. You have a lot of control with this stroke and can go in deep, which is what an alpha feel loves and craves. Because of your position over her, you will be giving her some intense clitoral stimulation, which can and will lead to powerful orgasms. Alpha women enjoy the explosive feel of orgasms that are strong rather than the slow build up and release of their sexual arousal. They want their toes to curl and their eyes to roll up and the plank scrape is one way to achieve this.

The base stroke is also recommended because you can really put some power in your hips with the base stroke and the misdirection of your thrust will keep her engaged on all vaginal walls. You can increase the intensity of your stroke to keep her stimulated and to build up her orgasm and then follow up with a stronger stroke; such as a plank scrapes to really bring it all together.